

## **Will My Information Be Secure in My HealtheVet?**

**The U.S. Department of Veterans Affairs takes the protection of your health information seriously.**

My HealtheVet employs multiple levels of security to keep your health records and information private. We won't share your information without your consent.

Here are some tips for making sure your information remains secure when you use My HealtheVet:

- Do not use the same password you use on other websites, and don't share your password with anyone.
- Do not save your health information on a public computer, and be sure to store printed copies are stored securely.
- Do not share your personal or health information via email.
- Log out of your account when you're done with your session.

## **My HealtheVet Help Desk**

Call the help desk, toll-free, at **877-327-0022 or 800-877-8339 (TTY) from Monday to Friday, 7 a.m. – 7 p.m. Central time.**



For more information, visit

**[myhealth.va.gov](https://myhealth.va.gov)**

# Take Control of Your Health Through My HealtheVet



To learn more, visit  
**[myhealth.va.gov](https://myhealth.va.gov)**

**VA**



U.S. Department  
of Veterans Affairs

**My healthvet**

# Join the millions of Veterans who use My HealthVet to help make informed decisions about their VA care.

My HealthVet is VA's private and secure online patient portal for Veterans, active duty service members, and their dependents and caregivers. Its online resources and tools offer you greater control over your health and wellness.



## What Can I Do on My HealthVet?



### View VA Health Records

View, print, or download information from your VA medical record.



### Refill VA Prescriptions

Refill your VA prescriptions, track their delivery, and view a list of your VA prescriptions.



### Send Secure Messages

Communicate securely with your VA care team to ask nonurgent health questions, send updates on your condition, and more.



### Manage VA Appointments

View, schedule, and cancel VA care appointments, set up email reminders, and join video visits.

## How Can I Get Started?

1. Visit the My HealthVet site at [myhealth.va.gov](https://myhealth.va.gov).
2. Select the Register button.
3. Enter the required information and submit.

If you are a Veteran who receives VA care, get a free My HealthVet Premium account to access the full suite of My HealthVet tools and services.

Learn how at [myhealth.va.gov/premium](https://myhealth.va.gov/premium).

